



# CIAC

## Asthma Coalition Interim Update

July 14, 2005



### OUR COALITION IN ACTION

#### NACo Grant

To comply with recommendations found in the State Asthma Plan, Michelle Butler, our CIAC member in McCall created asthma patient education packets to be distributed at various points in Valley County including schools, hospitals/clinics, physician offices and at community presentations (given quarterly). The initial distribution is 196 packets and has been largely supported by both the Asthma Program of Idaho as well as an Indoor Air Quality Grant received from the National Association of Counties (NACo). In addition, donations from various pharmaceutical companies have been used to enhance the overall packet appeal. Photos and descriptions of the packets (contents) are below.

#### Child Packet & Contents



"Kids And Asthma" coloring book, bookmark, pencil, crayons

#### Parent Packet & Contents



Asthma Diary (children's), Asthma Controllers/Relievers, Video Lending Library info., Living well with Asthma, Living well with Allergies, Business card, NSAIDs list, Idaho Asthma Patient Action Plan, EPA Clear Your Home of Asthma Triggers, Put Your Asthma to the Test, A Parent's Guide to Quitting Smoking, Cleaning to Control Allergies & Asthma, Certificate for spacer/Peak Flow meter & education

#### Teen Packet & Contents



Quest for the Code game, Pen, Kleenex, Teens Talk to Teens About Asthma, Idaho Asthma Patient Action Plan, Asthma Triggers: Indoors, Asthma Triggers: Outdoors, Asthma Triggers: Animals, Asthma Triggers: Dust Mites, Exercising with Asthma, Using An Inhaler, Asthma Medications, Peak Flow Diary, 50 Things You Should Know About Secondhand Smoke, Secondhand Smoke: Protect Your Air, The Filthy, Disgusting, Ugly, Foul, Hideous, Horrible, Ghastly, Nasty, Nauseating Tobacco Quiz, Kids: Don't let Asthma Take your Fun Away, Certificate for spacer/Peak Flow meter & education

#### Adult Packet & Contents



How Adults Can Manage Asthma Video, Lending Library info., Support group brochure, Business card, Certificate for spacer/Peak Flow meter & education, NSAIDs list, Asthma Controllers, Asthma Relievers, Idaho Asthma Patient Action Plan, EPA Clear Your Home of Asthma Triggers, Put Your Asthma to the Test, Secondhand Smoke: Asthma, Cancer and Other Health Risks

In addition, Michelle is working to bring the "A" is for Asthma program into local daycare settings. It will be very exciting to see the impact of this targeted outreach effort and to guide future interventions.

#### UPCOMING EVENTS

**August 16<sup>th</sup>: Coalition Meeting.** The next Coalition meeting will be held on Tuesday, August 16, 2005 in the Syringa Room at Central District Health Department from 12:00 to 1:30 p.m., a light lunch will be served as usual. **We will be working on our plan for the next year and will be reviewing the Asthma Inhaler School Staff survey data to make recommendations.** This is a very important meeting and I hope to see you all there!

**November 1-2: 7<sup>th</sup> Annual ACCP Community Asthma and COPD Coalitions Symposium.** The American College of Chest Physicians (ACCP) is pleased to invite members of local asthma coalitions to attend the Symposium, Tuesday and Wednesday, November 1-2, 2005, in Montreal, Canada, during CHEST 2005. The symposium will provide opportunities for local asthma and COPD coalitions to learn about ongoing and new education and community projects. While giving coalition leaders the opportunity to network with other coalition members regarding outreach activities, educational programs, control and prevention of environmental asthma triggers, and utilizing community resources. Included among the topics that will be addressed in presentations and discussion groups are combating asthma and COPD in Canada, transitioning into a COPD coalition, the successes and challenges of local coalitions, successful school asthma programs, educating communities about COPD, and implementing asthma guidelines. Networking discussion groups feature grant writing, school asthma resources, data collection, and the common ground of asthma and COPD: indoor and outdoor air interventions. For more information and to register please contact Joyce Bruno, MIPH at [jbruno@chestnet.org](mailto:jbruno@chestnet.org).

**ASTHMA EDUCATION:** Please contact Jenn Darling at 327-8591 with ideas for future asthma awareness events that you would like the coalition to pursue and/or be aware of.